



Sun Protection Policy



Your child's safety and health are our top priorities and protecting them from the harmful effects of the sun is essential. Our nursery Sun Protection Policy outlines measures to keep children safe during outdoor activities, especially on sunny days. Here's how we work together to create a sun-safe environment for your child.

1. Protective Clothing and Hats

- **Dress Code for Sunny Days:** We ask that children come dressed in lightweight, long-sleeved tops and long pants or skirts to cover their skin as much as possible.
- **Hats:** Please provide a wide-brimmed or legionnaire-style hat (covering the face, neck, and ears) for your child to wear outside. These hats offer better protection than baseball caps.
- **Footwear and Accessories:** Sunglasses with UV protection are encouraged, and comfortable, sun-safe shoes are best for outdoor play.

2. Sunscreen Application

- **Before Nursery:** Please apply a generous layer of sunscreen (SPF 30+) to your child's exposed skin before they arrive at the nursery each day.
- **During Nursery:** With your permission, staff will reapply sunscreen to your child during the day, particularly if outdoor activities are extended or after activities like water play.
- **Sensitive Skin:** If your child has specific sunscreen needs, please send a labelled bottle of their personal sunscreen for our staff to use.

3. Outdoor Play and Shade

- **Scheduled Outdoor Times:** We plan outdoor activities whenever possible to avoid the strongest sun.
- **Shade Areas:** We have shaded areas on our playground and use umbrellas and canopies to reduce sun exposure. We encourage children to play in shaded areas when possible.

4. Staff Role Modelling and Supervision

- Our staff sets a good example by following the same sun protection guidelines, such as wearing hats, protective clothing, and sunscreen. Staff will also monitor children's sun safety and help them apply sunscreen or wear hats as needed.

5. Communication and Reminders

- **Updates:** We'll keep you informed through newsletters, posters, and reminders about upcoming high UV days or special events.
- **Your Support:** Working together is essential, so please remind your child about sun safety, especially the importance of wearing their hat and staying in shaded areas.

By following these simple guidelines, we can help keep your child safe and comfortable while enjoying outdoor activities. If you have any questions or concerns, please feel free to reach out to our team.

This policy was adopted by	Teddy Bears Childcare
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Name and role of signatory	Leahna Welch (Deputy Manager)