



Nappy and Toilet Training Policy



At Teddy Bears, we strive to include every child in our nursery, recognizing that each one arrives at different stages of development, and some may still require nappies or trainer pants. Children aged 24 to 30 months will have their nappies changed as needed. We collaborate closely with parents on toilet training, except in cases where medical or developmental reasons suggest otherwise.

As a general guideline, children from 30 months onwards are encouraged to begin wearing underwear and, with parental support and agreement, start toilet training. However, this is only a guideline, and we tailor our approach to each child, initiating toilet training when they show signs of readiness, in consultation with parents and staff. By 36 months, children are expected to be fully toilet trained and wearing underwear.

If a child at this stage requires additional support, we will:

- Consult with parents to create a support plan,
- Implement positive strategies and meaningful incentives to aid the child's toilet training, and
- Regularly review progress with the parent, Key Worker, and the Management team.

Toilet training is considered a self-care skill that children can achieve with compassionate, non-judgmental support from both parents and staff.

Aim

Our goal is to carry out nappy/trainer pant changing and toilet training with sensitivity, hygiene, and minimal distress to the child, following a collaborative plan with parents. Staff use positive reinforcement to support toilet training, celebrating successes and minimizing focus on accidents.

Parents are asked to supply nappies, trainer pants, wipes, and nappy cream.

Nappy Changing Procedure

1. Escort the child to the changing area.
2. Gather all necessary supplies before beginning.
3. Wear disposable gloves and apron.
4. Change the nappy, clean the child, and apply cream if required using the child's labelled supplies.
5. Dispose of all waste (nappy, wipes, gloves, apron) in the nappy disposal bin.
6. Dress the child and assist them from the changing table.
7. Help the child wash their hands using antibacterial soap and dry with paper towels.
8. Escort the child back to the playroom.
9. Record the nappy change details on the family app.
10. Clean the nappy changing mat with antibacterial wipes.

Toilet Training Procedure

1. Key Worker escorts the child to the toilet at regular intervals.
2. Offer praise and encouragement.
3. Use disposable gloves when assisting the child.
4. Encourage the child to wash hands afterward.
5. Staff member washes their hands as well.
6. Provide a sticker for the child.

Accidents

1. Approach accidents calmly, without disapproval or fuss.
2. Wear disposable gloves to handle soiled clothing and place in a hygiene bag.
3. Change gloves, clean the child, then put on clean clothes.
4. Place the hygiene bag on the child's peg to go home.
5. Notify parents of the accident when they arrive.

Our approach to toileting and hygiene is respectful and supportive, fostering each child's confidence and independence with care and understanding.

This policy was adopted by	Teddy Bears Childcare
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Name and role of signatory	Leahna Welch (Deputy Manager)